

Ten Top Tips for Talking

Here are some simple things we can all do to support the development of babies' and young children's speech, language and communication skills and give them the best start in life.

TIP 1
Talk to me while I am in your tummy.
I am listening.
I like to hear your voice.



TIP 2
Look into my eyes and talk to me face to face.
I might not be talking back but I like listening and copying.



TIP 3
Talk to me in our home language.
Talking in two or more languages helps my brain develop. This makes it easier for me to learn English and other languages.



TIP 4
Copy me.
Repeat my sounds.
Wait for me to take a turn.
Respond to my smiles and sounds.



TIP 5
Talk with me about the things that interest me.
This helps me to link the words you say with the things I see.



TIP 6
Screens away, it's time to play! Put down phones and ipads.
When you talk to me it helps me learn about the world around me.



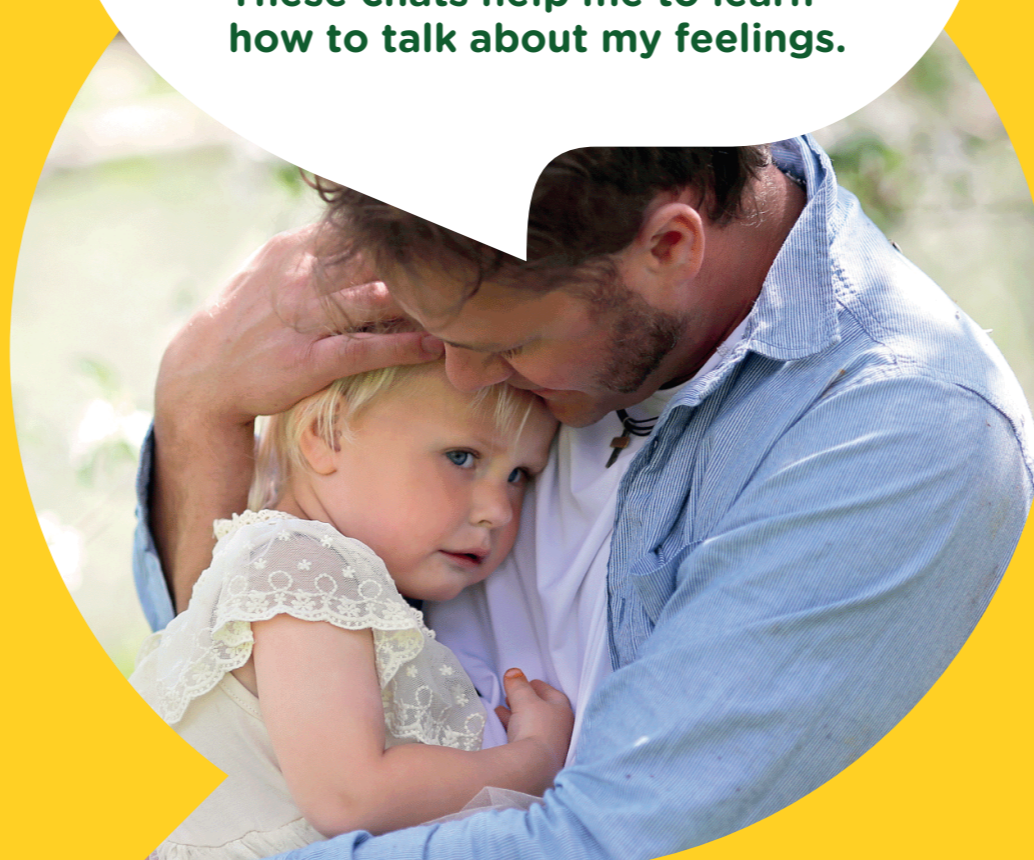
TIP 7
Singing rhymes with me is a great way to bond and be together.
Share books with me, talk with me about the pictures.



TIP 8
Talk to me all the time when we are doing everyday things like having a bath, walking to the park or tidying up.



TIP 9
Talk to me about how you think I am feeling.
Telling me how you think I feel helps me to feel safe and understood.
These chats help me to learn how to talk about my feelings.



TIP 10
Add extra words to what I say, this helps me learn longer sentences.

