EnhancedStandards

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		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Chicken Sausage in a Hot Dog Roll with Potato Wedges	Chicken Arrabiata Pasta with Homemade Garlic Bread	Roast (as advertised) and Gravy	Chilli Con Carne with 50/50 Rice	MSC Fishfingers/ Salmon Fish fingers
	Vegetarian	Quorn Sausage in a Hot Dog Roll with Potato Wedges	Macaroni Cheese with Homemade Garlic Bread	Mixed Vegetable Loaf and Gravy	Five Bean Chilli with 50/ 50 Rice	Spicy Bean Burger
		Sweetcorn Coleslaw	Green Beans Carrots	Cauliflower Broccoli Roast Potato or Mashed Potato	Roasted Mixed Vegetables	Baked Beans Peas Chips or Couscous
	Dessert	Orange Drizzle Cake	Carrot and Courgette Cake	Apple Cheese & Biscuits	Fruit Crumble with Custard	Fruit and Yoghurt
Week 2	Main	Wholemeal BBQ chicken Pizza	50% Plant Based Cottage Pie with Gravy	Roast (as advertised) and Gravy	Chicken Tagine	MSC Breaded Fish
	Vegetarian	Wholemeal Cheese and Tomato Pizza	Shepherdess Pie with Gravy	Vegetarian Wellington and Gravy	Lentil and Sweet Potato Curry	Red Pepper and Cheese Frittata
		Peppers Green Beans New Potatoes or Couscous	Peas Cauliflower	Cabbage Carrots Mashed Potato or Roast Potato	Sweetcorn Baked Tomatoes Couscous or 50/50 Rice	Baked Beans Peas Chips or New Potatoes
	Dessert	Wholemeal Pear Crumble with Custard	Chocolate Shortbread	Apple Cheese & Biscuits	Eves Pudding with Custard	Fruit and Yoghurt
Week 3	Main	Beef Bolognaise with Spaghetti	50% Plant Based Chicken Pie with Mashed Potato and Gravy	Roast Chicken and Stuffing and Gravy	Beef Lasagne with Garlic Bread	MSC Fish in Batter
	Vegetarian	Soya Bolognaise with Spaghetti	Chickpea and Vegetable Hotpot	Quorn Roast	Wholemeal Vegetable Pasta Bake	Vegetable and Bean Fajitas
		Peas Carrots	Sweetcorn Broccoli	Fresh Mixed Seasonal Vegetables Roast Potato or Couscous	Roasted Vegetables Green Beans	Baked Beans Peas Chips or Rice
	Dessert	Banana Loaf	Rice Pudding with Mixed Berries	Apple, Cheese and Biochita	Chocolate and Mandarin	For the area of Managhar risk

Freshly cooked jacket potatoes with a choice of fillings (where advertised) Bread freshly baked on site daily